

ONE MILLION... AND COUNTING

I cheered with joy when the numbers came in December. In less than a decade, the Days for Girls movement had reached our one millionth girl with the menstrual health solutions and education she needs for a lifetime of dignity, health, and opportunity. I thought of Christine in Kenya, and Lucia in Guatemala, and so many other lives changed thanks to the power of a pad. Each of them individual and significant.

Across six continents, beaming women and girls are holding DfG Kits, reclaiming days once spent isolated and ashamed. One million strong in 123 countries. With every passing day, our momentum grows even stronger. Just imagine the power of what we can do in the years to come, turning periods into pathways — together.

With gratitude,

Celeste Mergens Founder & CEO

Days for Girls International



Every girl,
no matter where she lives,
deserves the opportunity
to develop the promise
inside of her.

-Michelle Obama



OUR MISSION & VISION

We're turning periods into pathways.

Days for Girls increases access to menstrual care and education by developing global partnerships, cultivating social enterprises, mobilizing volunteers, and innovating sustainable solutions that shatter stigmas and limitations for women and girls. Together, we're creating a world with dignity, health, and opportunity for all.

Our movement has reached more than one million girls — and counting! With your help, we can reach **Every Girl. Everywhere. Period.**

2008 2009 2010

Days for Girls launches

DfG Kits reach 7th country

19th country reached

2011 2012 2013

Ambassador of Women's Health training launches

Uganda office opens; Enterprise Program launches First DfG Kits recorded lasting three years

2014 2015 2016

80th country reached

100th country reached; DfG University* opens Ghana and Nepal offices open; Men Who Know training launches



2017

Guatemala office opens
Kalikot project launches in Nepal
ONE MILLION WOMEN & GIRLS
REACHED IN 123 COUNTRIES!





Ambassador of Women's Health

From Guatemala to Nepal, health education is a vital component of the Days for Girls movement. Our flagship education and training program, Ambassador of Women's Health, was offered online and in-person all over the world in 2017. Participants included hundreds of volunteers and staff preparing to distribute DfG Kits and teach communities about health and safety, and thousands of women and girls receiving AWH education along with their DfG Kits.

Men Who Know

To ensure dignity, health, and opportunity for women, girls and communities, Days for Girls also invites men and boys to be part of the solution. In 2017, our Men Who Know program went from a pilot project to a readily available interactive curriculum to welcome all to help break the silence.

Leadership Launchpad

Previously called DfG University, Leadership Launchpad's two-week in-person business training for Enterprise leaders was refined to include an updated guidebook and activity book. We also prepared a more streamlined registration and certification process to make our self-guided online training options more accessible and easier to navigate.

IN 2017:

937

participated in Ambassador of Women's Health training

254

participated in Men Who Know training

101

completed Leadership Launchpad or other Enterprise trainings

244,586

people reached with Days for Girls health education





DfG Enterprises have grown from one to 69 in five years.

2015

2012-2014

1
enterprise in
1
country

enterprises in 3 countries

2016

28
enterprises in
7
countries

2017

69
enterprises in
14
countries

If you give a woman a DfG Kit, it will last for three years. If you teach her how to make a DfG Kit, it will last a lifetime — and enable her to reach others in her community, ensuring that more women and girls gain menstrual health solutions and education around the world. Anchored by our field offices in Guatemala, Ghana, Nepal, and Uganda, this local leadership model provides income-generating opportunities in developing countries and creates a cycle of sustainable impact for the Days for Girls movement.



Research & Evaluation

Days for Girls strengthened our Enterprise system in 2017 by implementing a customized inventory and production tracking system, conducting an in-depth program evaluation, hiring field office staff, increasing volunteer opportunities, and launching a second year of workshops for certified groups. By the end of the year, we had completed data collection and analysis from Africa, Asia, and Latin America for our first Enterprise Evaluation Report, released in early 2018.

Guatemala Office Opens

By establishing a
Days for Girls
Guatemala Office,
we gained a centralized
hub for our Latin American supply
chain, DfG Kit distributions,
education program and
Enterprise trainings. ¡Gracias!





OUR GLOBAL REACH

The Days for Girls movement is active in more than 123 countries,* thanks to our DfG Enterprises, staff, and volunteers.



DfG Kits have reached women and girls in:



Afghanistan

Albania Angola

Argentina

Armenia

Australia

Azerbaijan

Bangladesh

Belarus

Belize

Benin

Bhutan

Bolivia

Bosnia &

Herzegovina

Botswana

Burkina Faso

Burundi

Cambodia

Cameroon

Canada

Cape Verde

Chad

China

Colombia

Congo, Democratic

Republic of

Congo, Republic of

Costa Rica

Croatia

Cuba

Dominican Republic

Ecuador

Equatorial Guinea

El Salvador

Ethiopia

Fiji

France

Gambia

Georgia

Germany

Ghana

Greece

Guatemala

Guinea

Guyana

Haiti

Honduras

India

Indonesia

Iraq

Israel

Italy

Ireland

Ivory Coast

Jamaica

Jordan

Kenya

Kiribati

Laos

Lebanon

Lesotho

Liberia

Lithuania

Madagascar

Malaysia

Malawi

Mali

Marshall Islands

Mexico

Montenegro

Morocco

Mozambique

Myanmar

Namibia

Nepal

New Zealand

Nicaragua

Niger

Nigeria

Pakistan

Palestine

Panama

Papua New Guinea

Peru

Philippines

Puerto Rico

Romania

Russia

Rwanda

Samoa

Senegal

Serbia

Sierra Leone

Singapore

Slovenia

Solomon Islands

Somalia

South Africa

South Korea

South Sudan

Sri Lanka

St. Lucia

Sudan

Suriname

Swaziland

Switzerland

Sweden

Syria

Tanzania

Thailand

Tibet

Timor Leste

Togo

Tongo

Turkey

Uganda

Ukraine

United Kingdom

United States of America

Vanuatu

Vietnam

Venezuela

Zambia

Zimbabwe



COUNTING HER IN



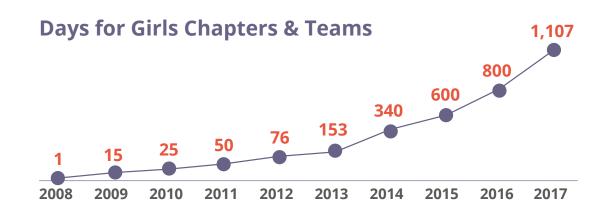
Our Volunteer Impact

The Days for Girls network of 50,000+ volunteers around the world is as diverse as the women we serve. Committed and passionate, this global force advocates, creates DfG Kits, raises funds, and strengthens partnerships to shatter the stigma surrounding menstruation at home and abroad. We stand together to end period poverty.



"I like being involved in Days for Girls not only because it meets a practical need internationally, but it also provides a forum to connect women here at home. All women need to feel connected, to have friends, and to feel valuable. Days for Girls helps do that — thank you!"

—Karyn Lougher, Otumoetai TGA New Zealand Team





Special thanks to our corporate champion doTERRA and the 301 volunteers who assembled 5,110 DfG Kits at their annual convention, earning the Guinness World Record for "most personal hygiene kits assembled in one hour" on Sept. 8. That's enough kits to reclaim about a million days of school, work, and family life!



EVERY GIRL COUNTS

The Kalikot Project

In the remote hills of western Nepal, girls are often isolated to cattle sheds or small huts during their periods, as part of a cultural practice called chhaupadi.

Not only do they face embarrassment over menstruation, but they are also endangered by extreme weather and wild animals.

Days for Girls is changing the narrative from one of shame to celebration. Launched in April 2017, the Kalikot Project empowers local trainers to create access to critical health

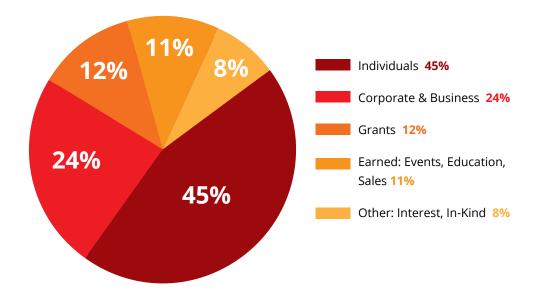
education and knowledge that empowers women to start a conversation about menstruation. In our first eight months, we reached 3,250 women and girls with DfG Kits and health education.

"It's not easy to change the chhaupadi tradition, but we have had success. Those who were staying in tiny cowsheds are staying in safe, spacious rooms now," said Lila Simkhada, Kalikot Project Manager. "Days for Girls teaches that menstruation is not impure. It is the right of women all over the globe to be allowed to integrate into their society."



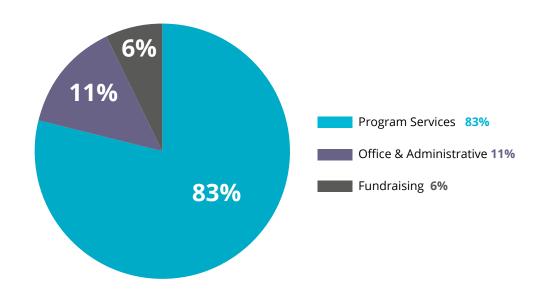
FINANCIALS

DAYS FOR GIRLS 2017 REVENUE\$1,937,436



DAYS FOR GIRLS 2017 EXPENDITURES

\$1,748,042



THANKS A MILLION

Days for Girls appreciates the support of individuals, foundations and corporate philanthropists. In 2017, we received major gifts and in-kind support (\$2,000 and above) from these generous donors:



Visionary Leaders Circle 100,000+

The doTERRA Healing Hands Foundation Anonymous Jen and Colin Kelly and family

Global Leaders Circle 50,000+

AARP

Alexa Renehan

Village Leaders Circle 10,000+

Expedia

Jordan & Julie Clements Foundation Sharon and J. Randal Cochrane

Julie and Greg Cook Sarah Fredericks

Paul Koepff

Global Giving

Connie Lohr (in memory of Jason Lohr)

Madison Rotary Foundation

Martyn Family Foundation

Don & Celeste Mergens

The Joseph Padula Living Trust

Jacquie Scott

Solso Family Foundation

Susan Tutana

United Methodist Women of New York

Vanguard Charitable Anonymous Donor

Anthony & Trisha Vidovich

Wells Family Charitable Foundation

Weyerhauser Family Foundation

Ambassadors Circle 2,000+

Armati

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Bozeman High School Dear Kate

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Catherine Cantley

Clarice Chan

Charles Schwab Charitable Anonymous Donor

Chilton Running Club

Anne Goerz

Lloyd Gura

Brenda Grayson

Tarek Harb

Karen Harris

Michael & Pamela Hundley

Mary Huss

IMAAT Foundation

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Janine Keblish

Toni King

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Andrea Leebron- Clay

Los Gatos Rotary Foundation

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lason Mai

Elise Miller

Toraya Miller

The Mount Saint Joseph Academy

Norwex Foundation for a Brighter Future

Diemuth Pemsl

Perkins Coie

Plymouth Rotary Foundation

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Six Degrees Real Estate

Ivan David Rosero

Larry Thomas

Ryan Thomas

Virginia Vadnais

Mary F Van Peski

The Yardi Foundation

The faruit outlation

Worldwide Education & Research

Daniel Wyner

Days for Girls International was recognized by these organizations for our impact in 2017:













